

'WoW' Walk once a Week continues

at Stedham Primary!

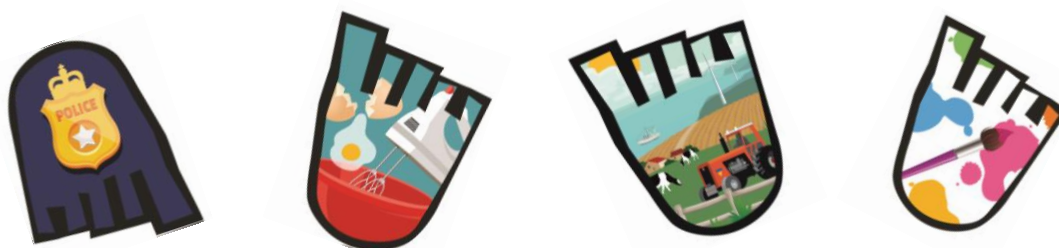


Dear Parent/Carer,

We are excited to let you know that we are continuing again this year with the walk to school project run with national charity Living Streets and West Sussex County Council.

What is WoW?

WoW is run by Living Streets, the charity behind the national Walk to School campaign, which encourages families to walk (or cycle/scoot) to school at least once a week. At the end of each month, children who walked at least once every week will receive a special collectable pin badge as shown below. There is a different badge to collect for each month of the school year. We will be re-starting from 1st December but to get things going, every child in the school is being given a badge this month.



What if we can't walk to school?

If you live too far away or don't have time to walk the whole way to school, all children are encouraged to participate by walking at least 5-10 minutes to school. You can 'park and stride' by using our Walking Bus - park your car on the lay-by on the A272 and enjoy the walk to school from there. If your child is getting a lift to school with friends, is it possible to walk to their house first? You could also consider walking at the end of the school day.

Why are we encouraging walking to school?

Less than half of UK children walk to school and this number is decreasing, while the number of children being driven to school has doubled in the last 20 years. Our school is taking part because of the many benefits we believe it will bring to our children and the community. We believe that it is a positive step towards promoting wellbeing and a healthier lifestyle and easing congestion in School Lane which in turn contributes to safety.

If you have any questions about the programme, please visit www.livingstreets.org.uk/walktoschool for more information. We hope that you join in with this fun project so your family can enjoy the benefits of walking to school together!

Regards

Sally Dreckmann