

Week one

29/04 20/05 10/06 01/07 22/07 12/08 02/09 23/09 14/10

Monday

Thursday

Choose a main meal... Cheese & Tomato Pasta v

Beef Meatballs & Rice

Jacket Potato with Tuna

on the side...

Peas Salad

for dessert...

Yoghurt & Granola

Fruit Salad

Mavo

Choose a main meal...

Chicken Korma & Rice

Quorn Sausage Casserole v

Jacket Potato with Cheese v

on the side...

Green Beans

Salad

for dessert... Muesli Flapjack

Fruit Salad

Choose a main meal... Roast Ham in Gravy with Roast Potatoes

Cauliflower & Sweetcorn Bake with Roast Potatoes v

Beans v

Choose a main meal...

Beef Pasta Bolognese

Mild Bean Chilli & Rice vg

Jacket Potato with Cheese v

on the side..

Apricot Shortbread

Jacket Potato with Baked

Spring Vegetables for dessert...

Fruit Salad

Rainbow Vegetables

Choose a main meal... Roast Chicken in Gravy

Quorn Sausage in Gravy & Roast Potatoes v

Jacket Potato with Cheese v

Week two

Choose a main meal...

Jacket Potato with Tuna Mayo

Choose a main meal.

Mild Beef Chilli & Rice

with Roast Potatoes

Beans v

Cheese & Tomato Pizza v

Jacket Potato with Baked

Macaroni Cheese v

Salmon Paella

06/05 27/05 17/06 08/07 29/07 19/08 09/09 30/09 21/10

on the side..

on the side...

for dessert...

Fruit Salad

on the side...

for dessert...

Fruit Salad

Salad

Peas & Sweetcorn

Yoghurt with Apple Slices

Muesli Flapjack

Salad

Rainbow Vegetables

Spring Vegetables for dessert...

Toffee Apple Muffin Fruit Salad

on the side... Choose a main meal...

Beef Burger in a Bun with Cubed Potatoes

Bean & Potato Hotpot vg

Apple & Mango Drizzle Cake Jacket Potato with Tuna Mayo

Fruit Salad

for dessert...

on the side..

Salad

Choose a main meal...

Fish & Chips

Quorn Burger in a Bun & Chips v

Jacket Potato with Baked Reans v

on the side..

Sweetcorn & Peas

Salad

Yoghurt with Apple &

Melon Slices

Fruit Salad

Chilled water, milk, salad and bread are available daily.

All paid meals to be ordered one full week in advance of the entire week they are required, either on-line by midnight Sunday or via telephone by 3pm Friday. Terms and conditions apply. Please see our website or contact us for more information. Menu items are subject to availability.









Choose a main meal... Fish & Chips

Quorn Balls in BBQ Tomato for dessert... Sauce & Chips v

Jacket Potato with Cheese v

on the side..

Fruit Salad

Sweetcorn

for dessert...

Yoghurt & Granola

Salad

Peas

Salad for dessert...

Cranberry Shortbread

Fruit Salad

Week three

Steamplicity

22/04 13/05 03/06 24/06 15/07 05/08 26/08 16/09 07/10 28/10

Choose a main meal...

Chicken Jambalava

Veggie Pasta Bolognese v

Jacket Potato with Baked

Beans v

on the side...

Green Beans

Salad

for dessert... Yoghurt & Granola with

Apple Slices

Fruit Salad

Choose a main meal.. Sausage, Mash & Gravy

Butternut Squash & Chickpea Curry & Rice vg

Jacket Potato with Tuna Mayo

on the side..

Peas Salad

for dessert...

on the side..

for dessert..

Fruit Salad

Spring Vegetables

Yoghurt & Granola

Apricot Shortbread

Fruit Salad

Choose a main meal...

Roast Beef in Gravv with Roast Potatoes

Quorn Balls in Gravy with Roast Potatoes v

Jacket Potato with Cheese v

Choose a main meal..

Cheese & Tomato Pizza v

Mediterranean Rice & Beans vg

Jacket Potato with Baked Beans v

Choose a main meal... Fish & Chips

Veggie Burger in a Bun & Chips v

Jacket Potato with Cheese v

on the side.

Sweetcorn & Peas

Salad

for dessert...

Chocolate & Pear Marbled Sponge & Custard

Fruit Salad

on the side ..

Baked Beans Salad

for dessert...

Toffee Apple Muffin Fruit Salad

> Fresh Bloomer Bread

All our milk is Red Tractor approved

of our seasonal vegetables direct from British growers

ALL OUR BEEF

is from THE UK OR IRELAND

FRESH SALAD

IS AVAILABLE ON A DAILY BASIS

of our products are



bananas are





FARM TO FORK We can trace every

cut of meat back to the farms of origin

available

every day