

# WEEK 3 MENU

09-May 30-May 20-Jun 11-Jul 01-Aug 22-Aug 12-Sep 03-Oct 24-Oct 14-Nov 05-Dec 26-Dec 16-Jan 06-Feb 27-Feb 20-Mar 10-Apr


















## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<b>Hot Main Dish</b>	Macaroni Cheese  Macaroni in a creamy cheese sauce	Sausages, Mash & Gravy Pork & beef sausages in gravy	Roast Beef with Roast Potatoes and Gravy Sliced roast beef with roasties and gravy	Cheese & Tomato Pizza  Deep base pizza with a cheese & tomato topping	Fish & Chips Our traditional favourite
<b>Alternative Dish</b>	Chicken Tikka Masala & Rice  Mild tikka sauce and fluffy rice	Cheese & Tomato Pasta  Creamy cheese & tomato sauce with pasta	Quorn Sausage with Roast Potatoes and Gravy  Quorn Sausage in rich gravy with roasties	Butternut Squash & Chickpea Curry & Rice   Chunky vegetables in a mild curry sauce	Veggie Burger!  Quorn Pattie in a chips
<b>Jacket Potato</b>	Jacket Potato With Tuna Mayo	Jacket Potato With Baked Beans  	Jacket Potato With Cheese 	Jacket Potato  With Veggie Bolognese	Jacket Potato With Cheese
<b>Vegetables</b>	Green Beans or Salad	Garden Peas or Salad	Carrots and Cabbage	Rainbow Vegetables or Salad	Baked Beans o
<b>Desserts</b>	Jammy Jack Flapjack	Apple, Orange & Melon Fruit Bowl  	Pineapple Sponge 	Smooth Fruit Yoghurt	Muesli Flap

# SPRING/SUMMER 2022

Bread, Milk, Water & Fruit available every day  
Ketchup served on Friday

 Vegetarian  Oily fish  Wholegrain  Fruity!  Nutritionist

