# Stedham Primary Newsletter 5

# 21 May 2019

Dear Parents and Carers,

Fitness, Nutrition and Wellbeing Plan
We are now a few weeks into our new approach to fitness, nutrition and wellbeing, a project which is being led by Mrs Hines. It was lovely to see many families at the Active8

workshop on 2 May, where we had good fun and hopefully learned a few new ideas for lunchboxes and getting active.

Thank you for supporting our new Food in School policy. I know that there was disappointment from some that we are no longer able to hold our regular after school cake sales, but having invested significantly into this new approach, we are committed to it being followed and supported by everyone involved with the school. As a compromise, we are still happy for cake sales to take place during the Christmas, Easter and summer fairs. I believe FOSS are currently looking at alternative things that could be done to replace the cake sales, so if you have any ideas, please let them know.

On the whole, lunchboxes are in line with our Food in School policy—just a reminder that sweets and chocolate bars are not permitted. Lunchbox sized chocolate coated bars such as Penguin and Kit-Kat style biscuits are fine, to reassure those of you who have been worried. If you are ever not sure, please ask!

#### **Online Safety**

Yet again there have been some issues in the top end of the school as a result of the children viewing inappropriate content on YouTube at home. As a reminder, you can set parent controls on YouTube, to filter what your children can see. There are videos on YouTube as to how to do this and this link takes you to a useful online guide: <a href="https://support.google.com/youtubekids/answer/6172308?hl=en-GB">https://support.google.com/youtubekids/answer/6172308?hl=en-GB</a>

### Headlice and having hair tied back

There are constantly cases of headlice being reported in school—I don't think we are any different from any other school in that respect. Can I please ask that as well as regular checking and combing, if your child has long hair, it is tied back at school as this also helps to prevent the spread.

#### Summer holiday birthdays

You will know that at Stedham Primary, we allow children to wear their own clothes on their

birthday. If you child has a birthday between 17 July and 2 September (inclusive), they will have their own clothes day on Wednesday 17 July.

#### **Enrichment Week**

We had a fantastic and busy enrichment week a couple of weeks ago—I have included a few photographs over the page.

I hope that you have a good week with your children over half term when it arrives. We will see you back at school on Monday 3 June.

With regards

Saly Dreckman

#### **DATES FOR YOUR DIARY**

**Wednesday 22 May**—Welcome Wednesday 8.45-9.15am

Friday 24 May—break up for half term

Monday 3 June—back to school Friday 7 June—Upper KS2 football t

**Friday 7 June**—Upper KS2 football tournament—details to follow

**Wednesday 19 June**—outside learning day at Stedham Campsite—details to follow

**Friday 21 June**—Class and Y6 group photos **Tuesday 25 June**—KS2 performance 6pm—details to follow

**Wednesday 26 June**—KS2 performance 6pm—details to follow

**Monday 1 July**—KS2 performance for villagers and grandparents 2pm

**Wednesday 3 July**—whole school transition morning with their September teacher (Y6 to MRC for the day)

**Friday 5 July**—sports day and family picnic—details to follow

**Saturday 6 July**—Summer Fair—details to Follow

**Monday 8 July**—Rabbits' assembly to parents 3pm

**Wednesday 10 July**—Welcome Wednesday 8.45-9.15am

**Friday 12 July**—reserve sports day and end of year reports home

**Friday 19 July**—Leavers' assembly—Year 6 parents only—2.15pm.

End of academic year—children break up for the summer (sadly we're here on INSET until 23 July)!

## Health, Nutrition and Wellbeing Enrichment Week













